

LAMDA306 - Movement & Physical Development 1

A synopsis of the curriculum

Some aspects of delivery may be delivered via digital tutorials and online workshops ('blended learning'). Classes in this module combine to deliver a body of interrelated specialist skills and knowledge (as an indication the module may ordinarily be delivered as approximately six classes). Students are introduced to a range of disciplines and techniques for the physicalisation of a character which will allow them to develop a believable physical life in support of their characterisations (both online and in onsite sessions). To achieve this, students are encouraged to develop physical strength and stamina and build muscle memory. Students may also study a range of pure and applied movement styles which, together with related content that may include physical theatre and a number of dance disciplines, will develop personal coordination and fitness.

Within this module students develop skills in classes taken online and onsite that may include the following areas:

- Movement Awareness Methods
- Social Dance
- Mask
- Pure Movement
- Movement Theatre

Please note this list is indicative; the specific practitioners, specialist areas, modes of delivery, and techniques covered will be outlined at the commencement of study. All subject areas may be covered via blended learning incorporating both online and onsite delivery). All movement training may be delivered through a mixture of formats, ensuring that detailed technical work and its application to movement are balanced. This may include group and one-to-one sessions (online and onsite), as ensemble-based learning and teaching is central to the development of acting skills generally, as is the need to work individually with a tutor, if the need arises. If working as part of a group, students are still expected to make individual contributions to the sessions, when required.

Students should be prepared to be assessed on work delivered live, digitally or in a blended format. Performances/sharing of work will follow revised audience capacity guidelines. The health and safety guidelines relating to Covid-19 will determine the exact split between onsite and socially distanced/digital delivery.

Delivery

The capacity to deliver some indicative areas is subject to health and safety restrictions so hours may be allocated to related subjects to meet learning outcomes, headings below should be seen as indicative class titles; students may be assessed via a specialist class project on a different aspect of Movement Technique as dictated by the Module Leader at the outset to meet learning outcomes.

Students work with staff in tutor-led sessions that may be delivered following social distancing guidelines and online where required. The module content in 2020/21 may be delivered through a mixture of onsite and online delivery and students' independent work. This module usually comprises of 350 hours of study (this may be adjusted), approximately broken down as follows:

Movement Awareness Methods 1: 42h

Movement Awareness Methods 2: 39h
Social Dance: 40.5h
Mask 37.5h
Pure Movement: 99h
Movement Theatre: 39h
Independent Study Hours: 53h
Health and safety guidelines relating to Covid-19 will determine the exact split between onsite and socially distanced/digital delivery.

Assessments (performances/sharings, presentations, classes, and rehearsals may be assessed online/via recording as well as in live onsite settings)			
Class	Individual development (process)	Individual attainment (performance/sharing of work)	Overall percentage of marks within the module grade
Movement Awareness Methods 1 *	10%	-	10%
Movement Awareness Methods 2 *	9%	9%	18%
Social Dance *	9%	9%	18%
Mask *	9%	9%	18%
Pure Movement *	9%	9%	18%
Movement Theatre *	9%	9%	18%

***Please note: These should be seen as indicative class titles; students may be assessed via a specialist class project on a different aspect of Movement Technique as dictated by the Module Leader at the outset to meet learning outcomes.**

In the Academic Year 2019-20 LAMDA has reviewed and presented alternative assessment methods for all summative assessments across all the programmes where Covid-19 affects delivery. This is to ensure that LAMDA can offer a fair and consistent assessment opportunity for all students, including those who may need to re-sit, defer, retake a module or interrupt study. This also allows LAMDA to continue to deliver assessments in a fair and consistent manner if adjusted delivery does need to be rolled out into 2020-21. Details of alternative assessments that may delivered can be found online in the LAMDA Covid-19 [Alternative Assessment Strategy 2020](#).